



Faith Formation Office
Sacred Heart Catholic Church
12975 Purcell Road
Manassas, Virginia 20112

Dear Parent(s) and Guardian(s),

The Diocese of Arlington Office of Child Protection and Safety would like you to participate in a program entitled, "Formation in Christian Chastity."

You can access information about this program and grade appropriate lesson plans by following these simple instructions:

1. Go to Sacred Heart's webpage: <http://sacredheartmanassas.org>
2. Click on the **Arlington Diocese** link in the lower left corner
3. Click on **Education** tab
4. Click on the **Child Protection** link
5. Under the Child Protection heading, click on **Training Programs**
6. Go to: **For Kids (Grades 1-8)**; click on **Formation in Christian Chastity**
7. There you will be able to go to a lesson plan geared to your child's grade by clicking on the **appropriate grade level**
8. Read the "Parent Letter and Lessons" before proceeding to the lesson
9. Complete the simple lesson plans with your child(ren)

Participating in this program will help you teach your child age-appropriate safety issues. Your child's safety and well-being are important to us at Sacred Heart Catholic Church, as well as the Diocese of Arlington.

Please email the Faith Formation Office at resecretary@comcast.net with the following information:

1. Family name, names and grades of child(ren) who used the lesson(s),
2. Family name, names and grades of child(ren) and you have decided to "opt out."

If you have any questions, please do not hesitate to contact me.

Yours in Christ,

Kathy Burr

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Director of Faith Formation